



# Classic Myanmar and Beach

WITH

PANORAMIC JOURNEYS

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This perfectly balanced journey takes in some of Myanmar's highlights before giving you a few days to relax on the beautiful Ngapali Beach.

Yangon's Scott market, circular train, colonial architecture and the shining gold pagodas of Shwedagon await. Stay in a stilt hotel on Inle Lake to explore floating gardens by boat and take a walk to the five-day market, where the Shan, Intha, Pa'O & Taung Yoo bring their crops to sell. Take an early morning balloon-flight over Bagan with its 3000 ancient temples scattered across the fertile plains. Journey down the Irrawaddy to rustic Salay. Finally, fly to Thandwe for a few days relaxation on the beach.



# MAP OF MYANMAR



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DAY	ITINERARY	ACCOMMODATION	TRAVEL DETAILS
1	<p><b>Arrive Yangon</b></p> <p>Arrive in Yangon, where you will be met by your guide and driver and transferred to your hotel. You may wish simply to unwind by the pool after your journey or head out for a little adventure with your guide to get your first taste of Myanmar. In the late afternoon visit the famous Shwedagon Pagoda, the holiest stupa in the land. With its hundreds of small temples and prayer niches, and people from all over the country coming to pay their respects here, a wander around Shwedagon is an unforgettable experience.</p>	Sule Shangri-La, Superior room	1hr transfer and drives around town
2	<p><b>Fly from Bagan to Heho and drive on to Inle Lake</b></p> <p>Fly to Heho and enjoy a drive through the beautiful countryside of Shan State to Inle Lake. Board long-tailed boats for the journey to your hotel built on stilts above the water. After a relaxing afternoon, take a tour by canoe through the peaceful stilt villages bathed in the golden light of dusk watching fishermen row one-legged style using their conical baskets to catch their fish.</p>	Inle Resort, Lake Front Royal Villa	Fly to Heho & 1 hr drive to Inle Lake
3	<p><b>Inle Lake and Indein</b></p> <p>Travel by long-tailed boat to the western bank of the lake to the ancient temple site of Indein. Explore the crumbling and atmospheric groups of pagodas and carvings of mythical creatures, and climb the covered stairway leading up the hill to Shwe Inn Thien Paya for wonderful views across the lake. This mysterious place is at the end of the narrow and winding Indein creek.</p>	Inle Resort, Lake Front Royal Villa	Short boat trips around the lake
4	<p><b>Inle Lake and to Bagan</b></p> <p>Travel by boat to the five day market. There may be a leisurely walk to the market site depending on where it is being held. The route will take you on local tracks through small farms. Your guide will explain the wide variety of crops, and what systems the farmers use. Villagers are very friendly and will often welcome you into their homes. The market attracts different ethnic groups from around the lake. You will soon be able to recognise each by their costume. Transfer to the airport for your flight to the cultural heart of Myanmar, Bagan.</p>	The Hotel at Tharabar Gate, Deluxe	Short boat trips around the lake. Transfer to airport and flight to Bagan

**Hot-air ballooning over the temples and exploring on foot, by bike, or horse and carriage**

Rise early for your transfer to the launch site for hot drinks and briefing. Then take to the air for dramatic views over the unique and enchanting 11th century ruins as the sun rises from behind distant mountains. After breakfast, start your tour of some of Bagan's beautiful temples on the ground by pony and trap. Escape the heat of the day in the tranquil temples and wonder at the intricate architecture of Ananda Temple.

The Hotel at Tharabar Gate, Deluxe

Tour the pagodas by horse & cart and on foot

5

**Irrawaddy river voyage to old Salay**

After breakfast board a small private boat and cruise down the Irrawaddy river to Salay. Enjoy the scenery from the open-topped deck and relax as you chug downstream. After a couple of hours and a delicious lunch on the boat, you will arrive in the historic town of Salay. This 12th century village is an active religious centre with many wooden monasteries and British colonial buildings. Walk through the sleepy town dotted with rustic temples often missed by tourists. At 130 years old Yokesone Kyaung is the oldest surviving teak monastery, built on 154 teak posts with beautiful carvings decorating the exterior walls. Visit the monastery before heading back to Bagan by vehicle.

The Hotel at Tharabar Gate, Deluxe

2hr voyage to Salay, 2hr drive to Bagan

6

**Bagan – Thandwe – Ngapali**

Rise early for your flight from Bagan to Thandwe, and transfer to your fabulous hotel on Ngapali beach.

Relax and enjoy this wonderful stretch of beach for the next six days. The fishing boats usually leave the beach near the fishing village at around 3/4pm each day, so you can either walk south down the beach, or take a bicycle along the beach road to this area. The restaurant at the hotel is excellent, but you might also like to walk outside to one of the local restaurants on the road behind the beach.

Sandoway, Ngapali Beach

Transfer to airport and flight to Thandwe

7

**Ngapali**

During your stay at Ngapali you might like to take the Sea adventure trip to the the charming fishing village of Maung Shwe Lay, until March 2012 unvisited by foreigners. Enjoy swimming, fishing, snorkeling, and kayaking.

Sandoway, Ngapali Beach

8

9

**Ngapali**  
Enjoy at leisure.

Sadoway, Ngapali  
Beach

10

**Fly from Thandwe to Yangon**

Leave the beach to travel to Thandwe airport for your flight back to Yangon. Enjoy a final afternoon at leisure to relax before your flight home the next day.

Sule Shangri-La,  
Superior room

Transfer to  
airport and  
flight back to  
Yangon

11

**Depart Myanmar**

Don't forget your souvenirs!

Transfer to  
airport and  
flight home

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## HOW TO BOOK

### 1. GET IN TOUCH

This itinerary is just a suggestion, a starting point, something to build upon. Everyone of our itineraries is unique to you – we can add or lose days, tweak the activities, change the accommodation or hire a private jet until it's perfect for you. So, let's have a chat. Call one of our experts to discuss creating your private journey to Myanmar.

### 2. BOOK YOUR HOLIDAY

Once we've crafted the perfect journey for you we can sign you ready to go. We accept bank transfers, Visa, Mastercard or American Express, and UK cheques. Full payment methods are detailed in our booking conditions. We shall then send you a booking confirmation together with an invoice for the full payment of your holiday which is due 90 days before your departure date.

### ANY QUESTIONS?

Call one of our experts on +44 (0)1608 676821 or email us at [info@panoramicjourneys.com](mailto:info@panoramicjourneys.com).

Some quick travel facts can be found in the Essentials section on the Myanmar page of our website

<https://www.panoramicjourneys.com/Destinations/Myanmar-Burma>. We will also send you a comprehensive Myanmar Practicalities document once you have booked.

