



Myanmar in Style

WITH

PANORAMIC JOURNEYS

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This perfectly balanced journey takes in some of Myanmar's highlights before giving you a few days to relax on the beautiful Ngapali Beach.

Yangon's Scott market, circular train, colonial architecture and the shining gold pagodas of Shwedagon await. Take an early morning balloon-flight over Bagan with its 3000 ancient temples scattered across the fertile plains. Journey down the Irrawaddy to rustic Salay. Stay in a stilt hotel on Inle Lake to explore the floating gardens by boat and take a walk to the five-day market, where the Shan, Inda, Pa'O & Taung Yoo bring their crops to sell. Cycle to a winery, take a cooking class in a traditional house, or even try a little one-legged rowing. Finally fly to Thandwe for a few days relaxation on the beach.



MAP OF MYANMAR



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DAY	ITINERARY	ACCOMMODATION	TRAVEL DETAILS
1	<p>Arrive Yangon Arrive in Yangon, where you will be met by your guide and driver and transferred to your hotel. You may wish simply to unwind by the pool after your journey or head out for a little adventure with your guide to get your first taste of Myanmar.</p>	Sule Shangri-La, Superior room	1hr transfer and drives around town
2	<p>Discover Yangon; colonial Rangoon Packed with pagodas and crammed with colonial relics, Yangon is one of the most enchanting cities in Asia. Meet your guide for a tour of downtown Yangon. Visit the famous Scott market with a wide array of handicrafts including traditionally woven silk and cotton and take a ride on the circular train with the locals to get a flavour of Burmese life. Return to your hotel to relax during the heat of the day. In the late afternoon visit the famous Shwedagon Pagoda, the holiest stupa in the land. With its hundreds of small temples and prayer niches, and people from all over the country coming to pay their respects here, a wander around Shwedagon is an unforgettable experience.</p>	Sule Shangri-La, Superior room	Short drives around town
3	<p>Fly from Yangon to Heho and drive to ancient Bagan Fly to the cultural heart of the Burma: the UNESCO World Heritage site of Bagan. This evening climb up onto a temple platform to watch the sun set behind the forest of stupas.</p>	Hotel at Tharabar Gate	Fly to Heho & drive to Bagan
4	<p>Hot-air ballooning over the temples and exploring on foot, by bike, or horse and carriage Rise early for your transfer to the launch site for hot drinks and briefing. Then take to the air for dramatic views over the unique and enchanting 11th century ruins as the sun rises from behind distant mountains. After breakfast, start your tour of some of Bagan's beautiful temples on the ground by pony and trap. Escape the heat of the day in the tranquil temples and wonder at the intricate architecture of Ananda Temple.</p>	Hotel at Tharabar Gate	Tour the pagodas by horse & cart, & on foot

Irrawaddy river voyage to Salay

After breakfast board a small private boat and cruise down the Irrawaddy river to Salay. Enjoy the scenery from the open-topped deck and relax as you chug downstream. After a couple of hours and a delicious lunch on the boat, you will arrive in the historic town of Salay. This 12th century village is an active religious centre with many wooden monasteries and British colonial buildings. Walk through the sleepy town dotted with rustic temples often missed by tourists. At 130 years old Yokesone Kyaung is the oldest surviving teak monastery, built on 154 teak posts with beautiful carvings decorating the exterior walls. Visit the monastery before heading back to Bagan by vehicle.

Hotel at Tharabar Gate

2hr boat trip and 2hr drive Salay – Bagan

5

Fly from Bagan to Heho and drive on to Inle Lake

Fly to Heho and enjoy a drive through the beautiful countryside of Shan State to Inle Lake. Board long-tailed boats for the journey to your hotel built on stilts above the water. After a relaxing afternoon take a tour by canoe through the peaceful stilt villages bathed in the golden light of dusk watching fishermen row one-legged style using their conical baskets to catch their fish.

Inle Princess

35min flight Bagan to Heho; 1hr drive to Inle Lake

6

Inle Lake & Indein

Travel by long-tailed boat to the western bank of the lake to the ancient temple site of Indein. Explore the crumbling and atmospheric groups of pagodas and carvings of mythical creatures, and climb the covered stairway leading up the hill to Shwe Inn Thein Paya for wonderful views across the lake. This mysterious place is at the end of the narrow and winding Indein creek.

Inle Princess

Short boat trips around the lake

7

Inle Lake

Enjoy a morning at leisure or you may like to take a cooking class to learn more about Burmese cuisine, a fusion of south-east Asian flavours. This afternoon, take a walk into the surrounding hills to visit local villages for wonderful views over the lake. Take in Red Mountain Estate vineyard for an unexpected tasting of some of Burma's best wines.

Inle Princess

Short boat trips around the lake

8

Bagan – Thandwe – Ngapali

9	<p>Rise early for your flight from Bagan to Thandwe, and transfer to your fabulous hotel on Ngapali beach. Relax and enjoy this wonderful stretch of beach for the next six days. The fishing boats usually leave the beach near the fishing village at around 3/4pm each day, so you can either walk south down the beach, or take a bicycle along the beach road to this area. The restaurant at the hotel is excellent, but you might also like to walk outside to one of the local restaurants on the road behind the beach.</p>	Sandoway, Ngapali Beach	3.5hr flight; 30 min transfer to hotel
10	<p>Ngapali During your stay at Ngapali you might like to take the Sea adventure trip to the the charming fishing village of Maung Shwe Lay, until March 2012 unvisited by foreigners. Enjoy swimming, fishing, snorkeling, and kayaking.</p>	Sandoway, Ngapali Beach	
11	<p>Ngapali Enjoy at leisure.</p>	Sandoway, Ngapali Beach	
12	<p>Ngapali Beach Another full day at leisure.</p>	Sandoway, Ngapali Beach	
13	<p>Fly from Thandwe to Yangon Leave the beach to travel to Thandwe airport for your flight back to Yangon. Enjoy a final afternoon at leisure to relax before your flight home the next day.</p>	Sule Shangri-La, Superior room	50 min flight; transfer to hotel
14	<p>Depart Yangon Transfer to the airport for your flight home.</p>		

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HOW TO BOOK

1. GET IN TOUCH

This itinerary is just a suggestion, a starting point, something to build upon. Everyone of our itineraries is unique to you – we can add or lose days, tweak the activities, change the accommodation or hire a private jet until it's perfect for you. So, let's have a chat. Call one of our experts to discuss creating your private journey to Myanmar.

2. BOOK YOUR HOLIDAY

Once we've crafted the perfect journey for you we can sign you ready to go. We accept bank transfers, Visa, Mastercard or American Express, and UK cheques. Full payment methods are detailed in our booking conditions. We shall then send you a booking confirmation together with an invoice for the full payment of your holiday which is due 90 days before your departure date.

ANY QUESTIONS?

Call one of our experts on +44 (0)1608 676821 or email us at info@panoramicjourneys.com.

Some quick travel facts can be found in the Essentials section on the Myanmar page of our website

<https://www.panoramicjourneys.com/Destinations/Myanmar-Burma>. We will also send you a comprehensive Myanmar Practicalities document once you have booked.

